Connection Conversation Cards Year 3-6



Spark deeper conversations and inspire meaningful connection with your students using these cards, tailored for older students.

Year: 3-6

Curriculum: AUS V9

This resource integrates elements of literacy, critical thinking and communication skills from the English Curriculum.

Resource Objective: This resource can be used to explore emotions and foster connection among your students. Simply cut out the cards and select one to share with the class. Students can then discuss their responses with a partner before sharing back with the whole class.

Alternatively, students could work in pairs to explore 1-2 conversation prompts.

These conversation cards can also be used as a stimulus for a reflective writing experience.

Resource Objective: Mental Fitness Motivator

Most suitable time to integrate this resource: Use these exercises during morning routines, before lessons or as a brain booster to invigorate the mind.

Gotcha4Life Protective Factor link: Emotional Adaptability ('Build your emotional muscles') and Social Connectedness ('Embrace your village')

Let's build our mental fitness together























What's one thing you'd like to do more of in your free time?







What's your favourite way to show someone you care about them?



What colours or words would you use to describe how you're feeling today?















What one thing would you change about the world?



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What is something you worked hard to achieve?





What is something you are grateful for?





What is something you are good at?





What is one thing you wish your teacher knew about you?



What is something that challenges you?



When was the last time you felt proud of yourself?



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If you could choose any superhero power to help you with your feelings, what would it be and why?





If you could create a new law what would it be?





What is something that made you smile recently?





What's one thing you'd like to do more of in your free time?



Describe a time when you felt like you belonged.



What's your favourite thing about being outside in nature?



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How do you feel when you help someone who's having a hard time?





What's your favourite way to show someone you care about them?





What's your favourite memory from this past week?





What colours
or words would you
use to describe
how you're feeling
today?



What do you think it means to be a good friend?



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Who are some people you feel comfortable talking to when you need help?



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If you could invite anyone in the world to a special dinner with your family or friends, who would you choose and why?











